



STERLINGSERVICES

DELI AND CATERING MENU

BREAKFAST

10 person minimum

BREAKFAST TRAY

Your choices from our list of items, arranged on a tray with fruit garnish, complete with set-ups
2.75 per person, 4.75 with fruit

- BREAKFAST BREAD
- BAGEL WITH CREAM CHEESE
- MUFFINS
- DANISH
- CROISSANTS
- SCONES

BREAKFAST SANDWICH

Eggs, bacon or ham and cheese served on a croissant or bagel
4.25 per person

BREAKFAST BURRITO

Eggs, cheese, beans, with choice of ham, bacon or sausage, sour cream and salsa chips
5.95 per person

MINI QUICHE

An individual portion; your choice of spinach, mushroom and Swiss, ham and Swiss or bacon and cheese
2.95 per person

BREAKFAST BUFFET

Scrambled eggs, bacon, sausage, hash browns and biscuits
6.50 per person

OMELET STATION

Made to order; choose from: ham, mushroom, bacon, cheddar, salsa, tomato, onion, peppers, Swiss and mozzarella
7.50 per person
(requires labor)

SIDES

- Hash browns 1.95 per person
- Bacon/sausage 2.25 per person
- Granola Bars 1.00 per person
- Yogurt Granola Parfait 2.75 per person
- Yogurt 1.50 per person
- Whole fruit 1.00 per person

DELI AND SANDWICHES

MEATS

- OVEN ROASTED TURKEY
- BLACK FOREST HAM
- ALBACORE TUNA
- B'S CHICKEN SALAD
- ANGUS CORNED BEEF
- ANGUS ROAST BEEF

CHEESES

- CHEDDAR
- PROVOLONE
- SWISS
- MUENSTER
- AMERICAN

BREADS

- CRACKED WHEAT
- RYE
- WHITE
- MARBLE
- PUMPERNICKEL
- WRAPS

SANDWICH TRAY

Your choice from above on a tray with pickles and garnish; condiments on the side upon request
6.25 per person

SPECIALTY SANDWICH TRAY

Focaccia, croissants, ciabatta, baguettes, wraps and fresh bread
7.25 per person

EXECUTIVE BOXED LUNCHES

Your choice of sandwich, chips, redskin potato salad or cole slaw and cookie
8.25 per person

PRESIDENTIAL BOXED LUNCHES

Your choice of sandwich, chips, pasta salad and fruit salad and cookie
9.25 per person

DELI TRAY

Your choice of meats, cheeses and breads served on a tray. Includes a garnish tray, condiments and your choice of redskin potato salad or cole slaw
8.50 per person

BBQ CHICKEN QUESADILLA

Sweet bbq sauce with roasted chicken, Mexican cheese, peppers and onions toasted on a tortilla
6.25 per person



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SALADS

ANTIPASTO SALAD

Mixed greens, salami, ham, red onion, tomatoes, mild peppers and provolone cheese

4.75 per person

ASIAN SALAD

Mixed greens, toasted almonds, sesame seeds, mandarin oranges, red onion and bell peppers

Served with Abe's Asian dressing

4.75 per person

ASIAN SALAD WITH CHICKEN

Mixed greens with chicken or shrimp, toasted almonds, sesame seeds, mandarin oranges, red onion and bell peppers. Served with Abe's Asian dressing

4.75 per person

BOWTIE CAESAR PASTA SALAD

Bowtie noodles, shredded parmesan, croutons, roasted chicken and Caesar dressing

4.75 per person

CAESAR SALAD

Chopped romaine, shredded parmesan and croutons

4.75 per person

CAESAR SALAD WITH CHICKEN

Chopped romaine, chicken, shredded parmesan and croutons

4.75 per person

CLASSIC COBB SALAD

Mixed greens, roasted chicken, bacon, bell peppers, diced egg, blue cheese, Swiss and cheddar cheeses and tomatoes

4.75 per person

GREEK SALAD

Mixed greens, feta cheese, tomatoes, cucumbers, red onion, calamata olives and bell peppers

4.75 per person

GREEK SALAD WITH CHICKEN

Mixed greens with chicken, feta cheese, tomatoes, cucumbers, red onion, calamata olives and bell peppers

4.75 per person

JULIENNE SALAD

Mixed greens, black forest ham, roasted turkey, Swiss and cheddar cheeses, cucumber, tomatoes and boiled egg

4.75 per person

ROTINI PASTA SALAD – Vegetarian

Rotini noodles, roasted spring vegetables, parmesan cheese and Italian dressing

4.75 per person

ROTINI CHICKEN PASTA SALAD

Rotini noodles, roasted chicken, roasted spring vegetables, parmesan cheese and Italian dressing

4.75 per person

TORTELLINI PASTA SALAD

Three cheese tortellini, basil pesto, parmesan cheese, roasted peppers, cubed salami

4.75 per person

TOSSED SALAD

Mixed greens, cucumbers, tomatoes and croutons

4.75 per person

TOSSED SALAD WITH CHICKEN

Mixed greens with chicken, cucumbers, tomatoes and croutons

4.75 per person

VERA CRUZ SALAD

Mixed greens, black beans, roasted corn, Swiss and cheddar cheeses, red onion, bell peppers and crispy tortillas. Served with Abe's Vera Cruz dressing

4.75 per person

VERA CRUZ SALAD WITH CHICKEN

Mixed greens with chicken or shrimp, black beans, roasted corn, Swiss and cheddar cheeses, red onion, bell peppers and crispy tortillas. Served with Abe's Vera Cruz dressing

4.75 per person

REDSKIN POTATO SALAD

1.75 per person

COLE SLAW

1.75 per person

Add roasted salmon to any salad for \$1.50 per person.



STERLING SERVICES

DELI AND CATERING MENU

DESSERT TRAYS

your choice 1.75 per person

CHOCOLATE CHIP COOKIES
ASSORTED COOKIES

BROWNIES
LEMON BARS

SPECIALTY DESSERTS

CHEESECAKE 3.95 per slice
CHOCOLATE DIPPED FRUIT 4.95 per person
CUPCAKES 2.25 each
SPECIALTY CAKES call for quote

BEVERAGES

SODA – 12 OZ CANS

PEPSI PRODUCTS
1.30 each

COFFEE

10 PERSON SERVING
INCLUDES ALL SETUP
15.00

JUICES

ASSORTED 1.25 each
DOLE JUICE 1.75 each

WATER

20 OZ AQUAFINA 1.25 each

CHIPS & SIDES

ASSORTED CHIPS 1.00 per person
HUMMUS 1.95 per person
TABOULEH 1.95 per person
RATATOUILLE 2.95 per person
BOATER SALAD 2.95 per person
STEAMED VEGETABLES 2.95 per person
MAC AND CHEESE 3.95 per person

CHICKEN SALAD BOWL 3.95 per person
TUNA SALAD BOWL 3.95 per person
CHIPS AND SALSA 1.95 per person
CHEX MIX 1.25 per person
FRESHLY BAKED ROLLS 0.75 each
REDSKIN POTATO SALAD 1.75 per person
COLE SLAW 1.75 per person

SOUPS

2.95 (please call ahead for availability)

BAKED POTATO AND CHEDDAR
BLACK BEAN
BROCCOLI & CHEDDAR
BUTTERNUT SQUASH
CHICKEN GUMBO
CHICKEN NOODLE

CLAM CHOWDER
CREAM OF TOMATO BASIL
CURRIED CHICKEN LENTIL
EGGPLANT ROASTED GARLIC
FRENCH ONION
MINNESOTA WILD RICE

MUSHROOM BARLEY
SOUTHWESTERN CHICKEN CHILI
VEGETABLE
VELVET CORN CHOWDER
WHITE BEAN & BACON CHOWDER
CHILI

ABE'S ASIAN DRESSING

\$4.00 per bottle

Order Abe's Asian dressing from us or visit our website to find a local retailer:

www.abesasian.com

Abe's Deli: www.abes.biz

Sterling Services: www.sterling-services.com

29303 Southfield Road, Southfield, MI 48075 T: 248.552.1078 F: 248.552.1170



STERLING SERVICES

DELI AND CATERING MENU

COLD APPETIZERS

PLATTERS

CRUNCHY VEGGIE CRUDITÉS

Served with Buttermilk Ranch
3.25 per person

CHEESE AND CRACKER TRAY

Imported and domestic cheeses and crackers
3.95 per person

SEASONAL FRUIT TRAY

4.25 per person

CHEESE AND FRUIT TRAY

5.50 per person

ROASTED VEGGIE PLATTER

Roasted vegetables marinated in balsamic vinegar
4.25 per person

MEDITERRANEAN PLATTER

Grape leaves, hummus, tabouleh, tomatoes, feta cheese, cous cous, spinach pie and pita chips
4.95 per person

HORS D'OEUVRES

ASSORTED FINGER SANDWICHES

1.75 each

SOUTHWESTERN CHICKEN CANAPÉ

Chicken, sun dried tomato mousse on a garlic crouton
2.75 each

PORTABELLA AND BOURSIN WEDGE

Served on a garlic crouton
2.50 each

SMOKED SALMON CANAPÉ

2.50 each

7 LAYER MEXICAN DIP WITH TORTILLA CHIPS

3.95 each

DEVILED EGGS

1.95 each

HOT APPETIZERS

Please allow 24-48 hours in advance

SAUTÉED PETITE MARYLAND CRAB CAKES

Stone ground mustard, caper dill sauce
3.25 each

SPINACH PIE

Spinach and Feta cheese wrapped in Philo dough
1.95 each

PETITE QUICHE LORRAINE

2.95 each

THAI CHICKEN OR BEEF SATAY

Served with a spicy peanut sauce
2.50 each

OVEN ROASTED STUFFED MUSHROOM

Stuffed with spinach and Boursin cheese
2.00 each

SPICY BBQ WINGS

Served with ranch and celery sticks
1.25 each

HERB CRUSTED LAMB CHOPS

Rosemary red wine jus
3.25 each

WILD MUSHROOM STRUDEL

Wild mushroom sautéed with garlic and dry sherry. Wrapped in Philo dough
2.50 each

COCONUT CRUSTED CHICKEN

Served with sweet and sour ginger sauce
2.50 each

COCONUT CRUSTED JUMBO SHRIMP

Served with your choice of sauces
3.25 each

TWICE BAKED REDSKIN POTATO

Stuffed with bacon and cheddar cheese
2.25 each

ITALIAN STYLE MEATBALLS

1.95 each

Abe's Deli: www.abes.biz

Sterling Services: www.sterling-services.com

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STERLING SERVICES

DELI AND CATERING MENU

ENTREES

CLASSIC CHICKEN POT PIE

7.95 per person

CHICKEN WOODSMAN

Boneless chicken stuffed with wild mushrooms, served with a natural jus, chef's choice vegetable

13.95 per person

OVEN ROASTED CITRON CHICKEN

Lemon, capers, artichoke, in a chardonnay cream sauce, chef's choice vegetables and potatoes

13.95 per person

PARMESAN CHICKEN

Boneless breast of chicken topped with marinara sauce and parmesan cheese served with pasta

13.95 per person

BURRITOS

Mexican burritos with your choice of filling, comes with tortilla chips, salsa, sour cream and guacamole. Vegetarian burritos also available.

10.95 per person

PORK TENDERLOIN

Barbequed pork tenderloin

9.95 per person

HERB CRUSTED BEEF TENDERLOIN

Wild mushroom and rosemary jus, chef's choice vegetables and potatoes

20.95 per person

ABE'S READY-TO-GO FAJITAS

Flank steak or chicken, sautéed onions, bell peppers and cheese wrapped in tortilla, served with Spanish rice

9.95 per person

THREE CHEESE LASAGNA OR MEAT LASAGNA

Fresh tomato basil sauce, ricotta, parmesan and provolone cheeses, roasted vegetables, served with garlic bread

8.95 per person

OVEN ROASTED ATLANTIC SALMON

Served with lemon, caper dill sauce and chef's choice of vegetables and potatoes

13.95 per person

BBQ BEEF AND PORK SANDWICHES

Braised beef or pork served in a sweet BBQ sauce on a sesame bun

6.95 per person

BAKED TILAPIA

Baked Tilapia covered in ground mustard and bread crumbs, served with lemon sauce

13.95 per person



DELI AND CATERING MENU

SPECIALTY STATIONS

STIR FRY STATION

Asian vegetables assortment of red peppers, scallions and pea pods, sesame oil, peanuts, crispy noodles, rice served with hoisin and red chili sauces; Includes chicken, beef and shrimp

13.95 per person

requires cook

MEXICAN STATION

Mexican vegetable assortment of assorted onions and peppers, guacamole, tortilla chips, freshly made salsa, sour cream, refried beans, tomato, rice and tortillas;

lime and cilantro chicken 10.95 per person

beef 12.95 per person

requires cook

PASTA STATION

Fresh tomato fettuccine and rotini pasta with tomato basil, parmesan cream and roasted garlic sauce, artichokes, mushrooms, pesto, red peppers, parmesan and garlic sticks

meatless 8.95 per person

grilled chicken 10.95 per person

shrimp 12.95 per person

italian sausage 10.95 per person

requires cook

BBQ's & PICNICS

Choose from any options below. Contact us for more information. Off-site delivery, set-up, equipment and labor charges may apply.

- BIG BURGERS
- ALL BEEF HOTDOGS
- BRATWURST
- KIELBASA
- BBQ CHICKEN
- BBQ RIBS
- 8 OZ STRIP STEAK
- ITALIAN SAUSAGE
- CHICKEN/BEEF KABOBS

- REDSKIN POTATO SALAD
- COLE SLAW
- BAKED BEANS
- CORN ON THE COB
- RELISH TRAY
- PASTA SALAD
- FRUIT TRAYS
- VEGGIE TRAY
- CHIPS

- ASSORTED SOFT DRINKS
- COOKIE TRAYS
- BROWNIE TRAYS
- ICE CREAM CARTS
- FULL SERVICE MOBILE KITCHEN

RENTALS

Abe's offers everything needed for catered events. Contact us for more information, including terms and conditions and cancellation policy. Off-site delivery and set-up charges may apply

SETUPS

SET UP

0.50 per person

VIP SETUP

Upper scale plastic knife, fork, napkin, plate

1.50/person

CHINA SERVICE

40.00 set up charge

(applicable to specific customers only)